

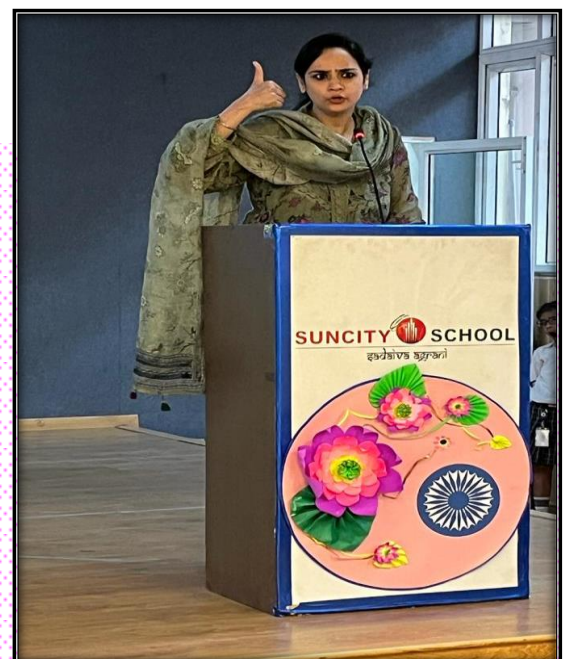


## **SAFE TOUCH AND UNSAFE TOUCH**

*You are Amazing! You are Brave! And You are Strong!*

A talk on 'Safe and Unsafe Touch' was conducted by the school Counsellor, Ms. Harsimran Kaur Grover, on **Monday, 10<sup>th</sup> April 2023** for the students of Grades I-IV. The objective was to help children understand whether a touch is safe or not and how to respond in case of an undesirable touch.

We focused on sensitizing children about the parts of our body that we should not allow anyone outside our 'safe circle' to touch. We also discussed about what a Safe Circle is, who all comprise our 'safe circle'.





The children were encouraged to participate in this interactive session. The children were guided on how to firmly say 'NO' if they experience a Bad/Unsafe Touch and say assertively 'NO, DON'T DO THIS'. A few more useful tips on how to react in such situations were shared. It was a useful and fruitful session and the children seemed to understand the importance of using words to communicate to an adult in case of distress.



## Grades K-3

### The Protect Yourself Rules



## Grades 4-6

### The Protect Yourself Rules

